

West Central North Conference Championship Milaca High School

Boys 100 Meter Dash

Facility: \$ 10.99		2004		Cory Stenberg, Monticello		
Name	Year	School	Seed	Prelims	H#	
Preliminaries						
1	Scapanski, Christian	12	Foley	11.14	11.34Q	1
2	Carlisle, Preston	12	Mora	11.54	11.70Q	3
3	Ellis, Terrence	11	Sauk Centre	11.58	11.94Q	4
4	Rooney, Seth	11	New London-S	11.40	12.05Q	2
5	Mareck, Austin	10	St. Cloud Ca	12.21	11.94q	3
6	Sprenger, Cody	10	Long Prairie	11.98	12.14q	1
7	Sand, Gaven	10	Melrose Area	12.06	12.15q	1
8	Manthey, Nick	09	St. Cloud Ca	12.11	12.17q	3
9	Landwehr, Matt	12	Foley	11.88	12.24	3
10	Anderson, Max	10	Mora	12.44	12.27	1
11	Brenny, Alex	11	Foley	11.91	12.35	2
12	Hacker, Chris	11	New London-S	12.19	12.64	4
13	Erickson, Jeson	09	Milaca	12.20	12.77	4
14	Winter, Chris	12	Sauk Centre	12.60	12.87	3
15	Middendorf, Gentry	9	Melrose Area	12.30	12.89	2
16	Paggen, Zach	11	Albany	12.50	12.90	2
17	Huhne, GarrettM	11	Albany	12.74	12.91	3
17	Bertram, Kyle	12	Melrose Area	12.34	12.91	1
17	Pearson, Keenan	10	Sauk Centre	12.10	12.91	2
20	Martin, Patrick	12	Mora	12.74	12.94	4
21	Stone, Austin	10	New London-S	12.90	13.21	1
22	Weidner, Austin	08	Milaca	12.81	13.52	2
23	Ambriz, Javier	9	Long Prairie	13.63	13.57	1
24	Jaye, Elliott	09	St. Cloud Ca	13.95	13.75	2
25	Plaggerman, Kyle	9	Long Prairie	14.09	14.10	3

Boys 100 Meter Dash

Facility: \$ 10.99		2004		Cory Stenberg, Monticello		
Name	Year	School	Prelims	Finals	Points	
Finals						
1	Scapanski, Christian	12	Foley	11.34	11.26	10
2	Carlisle, Preston	12	Mora	11.70	11.76	8
3	Mareck, Austin	10	St. Cloud Ca	11.94	11.86	6
4	Rooney, Seth	11	New London-S	12.05	11.92	5
5	Sand, Gaven	10	Melrose Area	12.15	12.02	4
6	Sprenger, Cody	10	Long Prairie	12.14	12.16	3
7	Manthey, Nick	09	St. Cloud Ca	12.17	12.19	2
8	Ellis, Terrence	11	Sauk Centre	11.94	12.26	1

Boys 200 Meter Dash

Facility: \$ 22.51		2004		Cory Stenberg, Monticello			
Name	Year	School	Seed	Finals	H#	Points	
1	Scapanski, Christian	12	Foley	22.54	23.46	4	10
2	Schmitt, Alex	9	Albany	23.90	24.16	4	8
3	Wennerberg, Nolan	12	Foley	24.11	24.33	4	6
4	Carlisle, Preston	12	Mora	24.14	24.66	4	5
5	Nelson, Lucas	10	New London-S	24.75	24.86	3	4
6	Sand, Travis	11	Albany	24.75	24.99	3	3
7	Mareck, Austin	10	St. Cloud Ca	24.89	25.02	3	2
8	Walther, Tod Jr	12	Long Prairie	23.78	25.03	4	1

9 Goble, Chevy	11 Foley	24.23	25.06	4
10 Schwinghamer, Tom	9 Sauk Centre	24.60	25.09	4
11 Mantel, John	11 Mora	25.11	25.29	3
12 Sikkink, Riley	12 Milaca	25.03	25.39	3
13 Manthey, Nick	09 St. Cloud Ca		25.64	1
14 Nelson, Chris	9 New London-S	25.20	25.66	3
15 Stellmach, Martin	11 Milaca	25.54	25.74	2
16 Manley, Grant	10 Mora	25.64	25.75	2
17 Hernandez, Diego	12 Melrose Area	25.50	25.99	3
18 LaPatka, Nick	10 New London-S	26.50	26.05	2
19 Mynzywor, Jacob	10 Sauk Centre	26.30	26.18	2
20 Erickson, Jeson	09 Milaca	25.51	26.29	3
21 Thell, Nick	11 St. Cloud Ca	26.29	26.31	2
22 Middendorf, Gentry	9 Melrose Area	25.60	26.58	2
23 Guevara, Edwin	10 Albany	26.75	26.64	1
24 Rothfork, Harrison	11 Melrose Area	26.70	27.18	2
25 Nandi, Renan	12 Long Prairie	29.85	27.24	1

Boys 400 Meter Dash

Facility: \$ 50.08		2002		Craig Kotsmith, Milaca			
Name	Year	School	Seed	Finals	H#	Points	
1 Anderson, Alec	12	Long Prairie	51.92	51.63	4	10	
2 Overton, Cody	12	Mora	52.15	53.30	4	8	
3 Hanenburg, Bryan	11	Milaca	55.93	55.13	4	6	
4 Boettcher, Matthew	9	St. Cloud Ca	54.70	55.70	4	5	
5 Hartmann, Jeremy	11	Albany	1:00.07	56.31	3	4	
6 Nienaber, Kyle	10	Albany	55.79	56.53	4	3	
7 Chalupsky, Michael	9	St. Cloud Ca	56.79	57.23	4	2	
8 Lind, Alan	10	Mora	58.79	57.71	3	1	
9 Hernandez, Diego	12	Melrose Area	56.83	57.80	4		
10 Duncan, Reed	11	Sauk Centre	57.10	58.07	3		
10 Gray, Jimmy	10	Foley	56.88	58.07	4		
12 Henjum, Colton	9	New London-S	58.60	58.47	3		
13 Ronning, Nick	11	Albany	59.02	58.81	3		
14 Krone, Ross	12	Mora	59.04	59.07	3		
15 Stans, Brian	9	Long Prairie	1:02.00	1:00.38	2		
16 Granlund, Luke	10	Foley	1:00.65	1:00.78	3		
17 Beehler, Nathan	10	Foley	1:02.00	1:01.51	2		
18 Zulkosky, Connor	10	St. Cloud Ca		1:02.44	1		
19 Tiffany, Andrew	10	New London-S	1:01.40	1:02.85	2		
20 Maher, Chris	9	Sauk Centre	1:05.20	1:04.92	2		
21 Adams, Austin	9	New London-S	1:02.01	1:05.38	2		
22 Schmiesing, Chris	10	Sauk Centre	1:13.81	1:14.75	1		

Boys 800 Meter Run

Facility: \$ 1:58.3h		2002		S. Anderson, Crosby-Ironton		
Name	Year	School	Seed	Finals	Points	
1 Golebiowski, Nick	9	St. Cloud Ca	2:03.24	2:01.27	10	
2 Winters, Isaac	12	Sauk Centre	2:02.60	2:01.37	8	
3 Austvold, Chase	11	New London-S	2:04.46	2:01.38	6	
4 Gerding, Beau	10	St. Cloud Ca	2:07.28	2:07.44	5	
5 Kluver, Mike	12	Sauk Centre	2:02.45	2:07.74	4	
6 Coop, Andrew	12	Mora	2:06.40	2:08.27	3	
7 Schroeder-Nelson, Brent	11	Mora	2:10.20	2:09.07	2	
8 Kingston, Mitch	12	Long Prairie	2:09.20	2:09.94	1	
9 Holt, Jamie	12	Albany	2:09.55	2:10.88		
10 Jones, Jonathon	12	Mora	2:14.41	2:12.91		
11 Sundberg, Cameron	9	Milaca	2:13.34	2:13.01		
12 Goebel, Nathan	9	Melrose Area	2:13.00	2:13.71		

13	Waletzko, Taylor	12	Albany	2:10.90	2:14.28
14	Kluver, Dan	10	Sauk Centre	2:16.24	2:14.41
15	Terwey, Nick	12	Foley	2:10.23	2:14.85
16	Kingston, Jake	12	Long Prairie	2:18.72	2:16.88
17	Steffl, Zach	10	New London-S	2:18.00	2:18.11
18	Holt, Luke	10	Albany	2:15.45	2:19.25
19	King, Caleb	12	Long Prairie	2:19.50	2:19.28
20	Bailey, Daniel	9	St. Cloud Ca	2:22.30	2:22.42
21	Schumacher, Austin	12	Foley	2:21.22	2:23.82
22	Hartung, Joseph	9	Melrose Area	2:30.00	2:38.97
23	Meyer, Chris	9	Melrose Area	2:41.00	2:42.87
24	Simon, Bruce	9	Foley	2:38.24	3:00.89

Boys 1600 Meter Run

Facility: \$ 4:32.5h 2003 N. Salay, St. Cloud Cathedral						
Name	Year	School	Seed	Finals	Points	
1	Lawrence, Charlie	10	Foley	4:27.12	4:41.62	10
2	Coop, Andrew	12	Mora	4:43.12	4:45.29	8
3	Hare, Seth	10	Albany	4:47.62	4:47.36	6
4	Shipman, Adam	11	Milaca	4:54.65	4:48.53	5
5	Lamb, Kevin	8	Albany	4:49.40	4:48.73	4
6	Sundberg, Cameron	9	Milaca	4:54.92	4:52.47	3
7	Warner, Derek	9	Long Prairie	4:52.00	4:53.20	2
8	Gerads, Thomas	12	Milaca	4:58.72	4:54.84	1
9	Liebsch, Billy	11	Long Prairie	5:03.00	5:01.78	
10	Bostrom, Matthew	11	Mora	4:57.91	5:03.51	
11	Duncan, Reed	11	Sauk Centre	5:19.90	5:10.65	
12	Peterson, Hunter	9	St. Cloud Ca	5:11.93	5:12.02	
13	Thaler, Avery	10	Foley	5:12.22	5:12.62	
14	Welberg, Nathan	11	Sauk Centre	5:22.00	5:15.29	
15	Middendorf, Ryan	9	Long Prairie	5:01.90	5:17.63	
16	Holt, Luke	10	Albany	5:09.03	5:19.93	
17	Halstrom, Mason	7	St. Cloud Ca	5:28.03	5:20.90	
18	Pfingsten, Bryant	10	New London-S	5:28.00	5:22.96	
19	Blommel, Brent	9	Melrose Area	5:30.00	5:23.40	
20	Rasmussen, Matt	10	Sauk Centre	5:31.00	5:24.30	
21	Schneider, Eric	9	New London-S	5:30.00	5:29.57	
22	Hellerman, Dylan	10	Melrose Area	5:45.00	5:30.41	
23	Schwieters, John	9	Melrose Area	5:36.00	5:30.91	
24	Fackler, Nick	10	Mora	5:56.27	5:43.52	

Boys 3200 Meter Run

Facility: \$ 9:53.8h 2002 W. Enns, Long Prairie-Grey Eagle						
Name	Year	School	Seed	Finals	Points	
1	Wintheiser, Grant	12	St. Cloud Ca	9:32.62	9:41.11\$	10
2	Lawrence, Charlie	10	Foley	9:45.42	9:54.12	8
3	Gerhartz, Jacob	11	Sauk Centre	10:23.08	10:14.94	6
4	Sachs, Gage	11	Albany	10:46.23	10:48.78	5
5	Nikodym, Tony	11	Mora	10:39.48	10:53.95	4
6	Warner, Derek	9	Long Prairie	10:55.00	10:54.55	3
7	Hare, Seth	10	Albany	10:43.15	11:04.79	2
8	Liebsch, Billy	11	Long Prairie	10:47.00	11:11.07	1
9	Maile, Blake	9	Albany	11:24.11	11:16.87	
10	Sheneberger, Nathan	9	Long Prairie	11:30.00	11:31.65	
11	Halstrom, Mason	7	St. Cloud Ca	11:48.56	11:38.46	
12	Pfingsten, Bryant	10	New London-S	12:25.00	11:40.23	
13	Welberg, Nathan	11	Sauk Centre	12:24.00	11:49.14	
14	Johnson, Brenden	09	Mora		11:53.68	
15	Rasmussen, Matt	10	Sauk Centre	11:53.00	12:02.75	

16 Hartung, Joseph	9 Melrose Area	12:17.00	12:06.26
17 Schneider, Eric	9 New London-S	12:03.00	12:11.33
18 Hellerman, Dylan	10 Melrose Area	12:18.00	12:17.33
19 Strom, Shawn	9 Mora	12:01.11	12:21.39
20 van Gulijk, Erik	10 New London-S	12:45.00	12:23.04

Boys 110 Meter Hurdles

Facility: \$ 15.45		2004	Mike Leither, St. Cloud Cathedral			
Name	Year	School	Seed	Prelims	H#	
Preliminaries						
1 Overton, Cody	12	Mora	16.22	16.33Q	2	
2 Mitchell, Kollodge	9	Albany	16.74	16.75Q	1	
3 Jancik, Michael	12	St. Cloud Ca	16.30	16.50Q	2	
4 Jakobson, Cody	11	New London-S	15.99	16.76Q	1	
5 Smith, Zachary	11	Mora	17.65	17.22q	1	
6 Boettcher, Matthew	9	St. Cloud Ca	18.36	17.63q	2	
7 Keller, Everett	11	St. Cloud Ca	18.89	18.26q	2	
8 Lick, Austin	11	Mora	18.14	18.27q	2	
9 VanHeel, Aaron	12	Albany	18.70	18.78	1	
10 Manoleff, Andrew	10	Milaca	19.60	18.95	1	
11 Winkelman, Kurt	10	Foley	19.39	19.00	2	
12 Toenyan, Tim	11	Melrose Area	18.40	19.05	1	
13 Rice, Reagan	9	New London-S	20.10	20.07	2	
14 Roden, Justin	10	Foley	19.53	20.25	1	
15 Eich, Devin	11	Albany	20.67	20.90	2	
16 Lieser, Anthony	11	Melrose Area	22.80	22.92	1	

Boys 110 Meter Hurdles

Facility: \$ 15.45		2004	Mike Leither, St. Cloud Cathedral			
Name	Year	School	Prelims	Finals	Points	
Finals						
1 Overton, Cody	12	Mora	16.33	16.13	10	
2 Jakobson, Cody	11	New London-S	16.76	16.16	8	
3 Jancik, Michael	12	St. Cloud Ca	16.50	16.33	6	
4 Mitchell, Kollodge	9	Albany	16.75	16.86	5	
5 Smith, Zachary	11	Mora	17.22	17.39	4	
6 Boettcher, Matthew	9	St. Cloud Ca	17.63	17.59	3	
7 Keller, Everett	11	St. Cloud Ca	18.26	18.36	2	
8 Lick, Austin	11	Mora	18.27	18.56	1	

Boys 300 Meter Hurdles

Facility: \$ 40.68		2004	Mike Leither, St. Cloud Cathedral			
Name	Year	School	Seed	Finals	H#	Points
1 Jakobson, Cody	11	New London-S	43.24	43.27	3	10
2 Mitchell, Kollodge	9	Albany	43.93	43.28	3	8
3 Smith, Zachary	11	Mora	44.56	44.37	3	6
4 Stegner, Darien	10	Melrose Area	45.80	45.94	3	5
5 Lick, Austin	11	Mora	45.84	46.04	3	4
6 Toenyan, Tim	11	Melrose Area	46.46	46.11	3	3
7 Winkelman, Kurt	10	Foley	46.35	46.21	3	2
8 VanHeel, Aaron	12	Albany	47.27	46.26	2	1
9 Keller, Everett	11	St. Cloud Ca	47.22	46.86	2	
10 Kastenbauer, Ken	10	Mora	49.85	47.20	2	
11 Ambriz, Marco	11	Long Prairie	45.25	47.27	3	
12 Manoleff, Andrew	10	Milaca	50.90	48.83	2	
13 Rice, Reagan	9	New London-S	46.69	48.93	2	
14 Winter, Chris	12	Sauk Centre	48.75	49.36	2	

15 Swingle, Austin	10 St. Cloud Ca	51.22	50.69	1
16 Eich, Devin	11 Albany	55.04	53.29	1
17 Lieser, Anthony	11 Melrose Area	55.36	58.30	1

Boys 4x100 Meter Relay

Facility: \$ 43.91 2008		Fridley, Fridley		Seed	Finals	H#	Points
School							
1	St. Cloud Cathedral			45.92	46.14	2	10
	1) Maninga, Trevor 12	2)	Mareck, Austin 10				
	3) Sherman, Brian 12	4)	Jancik, Michael 12				
2	Foley			45.11	46.51	2	8
	1) Goble, Chevy 11	2)	Wennerberg, Nolan 12				
	3) Brenny, Alex 11	4)	Scapanski, Christian 12				
3	Mora			46.33	46.58	2	6
	1) Burk, Nathan 12	2)	Carlisle, Preston 12				
	3) Kolberg, Conner 12	4)	Obert, Justin 10				
4	Long Prairie-Grey Eagle			46.71	46.88	2	5
	1) Anderson, Alec 12	2)	Walther, Tod Jr 12				
	3) Sprenger, Cody 10	4)	Ambriz, Marco 11				
5	Albany			47.25	47.01	2	4
	1) Sand, Travis 11	2)	Paggen, Zach 11				
	3) Diedrich, Andrew 12	4)	Schmitt, Alex 9				
6	New London-Spicer			46.13	47.51	2	3
	1) Essler, Adam 9	2)	Rooney, Seth 11				
	3) Hacker, Chris 11	4)	Zylstra, Brandon 12				
7	Sauk Centre			48.79	49.40	1	2
	1) Schmidt, Zach 12	2)	Denny, Collin 12				
	3) Mynzywor, Jacob 10	4)	Winter, Chris 12				
8	Melrose Area			50.30	50.37	1	1
	1) Bertram, Kyle 12	2)	Dragseth, Nathan 9				
	3) Middendorf, Gentry 9	4)	Sand, Gaven 10				
9	Milaca			48.35	55.14	1	
	1) Christiansen, Conner 12	2)	Garber, Grant 12				
	3) Kramer, Tannar 12	4)	Weidner, Jerad 11				

Boys 4x200 Meter Relay

Facility: \$ 1:33.06 2007		Foley, Foley		Seed	Finals	H#	Points
School		K. Winkelman, T. Udermann, S. Sobania, C. Foss					
1	Albany			1:39.62	1:39.62	2	10
	1) Sand, Travis 11	2)	Paggen, Zach 11				
	3) Diedrich, Andrew 12	4)	Schmitt, Alex 9				
2	Mora			1:37.28	1:39.75	2	8
	1) Anderson, Max 10	2)	Manley, Grant 10				
	3) Mantel, John 11	4)	Smith, Zachary 11				
3	Foley			1:36.34	1:39.76	2	6
	1) Goble, Chevy 11	2)	Brenny, Alex 11				
	3) Kelvington, Luke 9	4)	Wennerberg, Nolan 12				
4	New London-Spicer			1:41.09	1:40.89	2	5
	1) Beuning, Ben 9	2)	Nelson, Lucas 10				
	3) Boie, Trent 10	4)	Nelson, Chris 9				
5	Sauk Centre			1:41.20	1:42.17	1	4
	1) Schmidt, Zach 12	2)	Denny, Collin 12				
	3) Pearson, Keenan 10	4)	Mynzywor, Jacob 10				
6	Long Prairie-Grey Eagle			1:41.20	1:43.65	2	3
	1) Marcyes, Zack 12	2)	Stans, Brian 9				
	3) Ahrens, Cole 9	4)	Ambriz, Marco 11				
7	Milaca			1:40.49	1:45.59	2	2
	1) Erickson, Jeson 09	2)	Hatch, Zach 11				

3) Manoleff, Andrew 10	4) Weidner, Austin 08				
8 St. Cloud Cathedral		1:45.10	1:45.74	1	1
1) Chalupsky, Michael 9	2) Swingle, Austin 10				
3) Thell, Nick 11	4) Reisdorf, William 11				
9 Melrose Area		1:46.00	1:48.71	1	
1) Dragseth, Nathan 9	2) Ortiz, Saulo 10				
3) Rothfork, Caleb 9	4) Rothfork, Harrison 11				

Boys 4x400 Meter Relay

Facility: \$ 3:30.94 2007 Foley, Foley					
N. Studniski, C. Svihla, T. Udermann, A. Babler					
School		Seed	Finals	H#	Points
1 Mora		3:37.16	3:36.50	2	10
1) Overton, Cody 12	2) Burk, Nathan 12				
3) Schroeder-Nelson, Brent 11	4) Obert, Justin 10				
2 Long Prairie-Grey Eagle		3:39.30	3:37.50	2	8
1) Walther, Tod Jr 12	2) Kingston, Mitch 12				
3) Anderson, Alec 12	4) Sprenger, Cody 10				
3 Milaca		3:44.76	3:43.51	2	6
1) Gerads, Thomas 12	2) Hanenburg, Bryan 11				
3) Hatch, Zach 11	4) Shipman, Adam 11				
4 Foley		3:54.27	3:45.13	1	5
1) Gray, Jimmy 10	2) Lawrence, Charlie 10				
3) Terwey, Nick 12	4) Kelvington, Luke 9				
5 New London-Spicer		3:50.01	3:48.58	2	4
1) Beuning, Ben 9	2) Henjum, Colton 9				
3) Essler, Adam 9	4) Austvold, Chase 11				
6 Albany		3:43.07	3:48.62	2	3
1) Nienaber, Kyle 10	2) VanHeel, Aaron 12				
3) Hartmann, Jeremy 11	4) Holt, Jamie 12				
7 Sauk Centre		3:45.35	3:48.72	2	2
1) Winters, Isaac 12	2) Pearson, Keenan 10				
3) Ellis, Terrence 11	4) Kluver, Mike 12				
8 St. Cloud Cathedral		3:59.27	3:49.63	1	1
1) Chalupsky, Michael 9	2) Golebiowski, Nick 9				
3) Maninga, Trevor 12	4) Swingle, Austin 10				
9 Melrose Area		3:53.00	3:55.60	1	
1) Hernandez, Diego 12	2) Goebel, Nathan 9				
3) Zink, Zach 9	4) Toenyan, Tim 11				

Boys 4x800 Meter Relay

Facility: \$ 8:31.9h 2002 Crosby-Ironton, Crosby-Ironton					
School		Seed	Finals	Points	
1 Albany		8:34.25	8:29.27\$	10	
1) Nienaber, Kyle 10	2) Sachs, Gage 11				
3) Waletzko, Taylor 12	4) Holt, Jamie 12				
2 Sauk Centre		8:48.00	8:30.63\$	8	
1) Winters, Isaac 12	2) Gerhartz, Jacob 11				
3) Kluver, Dan 10	4) Kluver, Mike 12				
3 St. Cloud Cathedral		8:15.78	8:31.00\$	6	
1) Gerding, Beau 10	2) Peterson, Hunter 9				
3) Golebiowski, Nick 9	4) Wintheiser, Grant 12				
4 Mora		8:44.45	8:42.18	5	
1) Schroeder-Nelson, Brent 11	2) Bostrom, Matthew 11				
3) Jones, Jonathon 12	4) Nikodym, Tony 11				
5 New London-Spicer		9:16.00	9:10.51	4	
1) Austvold, Chase 11	2) Steffl, Zach 10				
3) Gjerde, Kyle 10	4) Beuning, Ben 9				
6 Melrose Area		9:20.00	9:22.69	3	

1) Goebel, Nathan 9	2) Zink, Zach 9			
3) Hoeschen, Garrett 9	4) Blommel, Brent 9			
7 Long Prairie-Grey Eagle		9:45.00	9:31.43	2
1) Sheneberger, Nathan 9	2) Bachmeier, David 8			
3) Middendorf, Ryan 9	4) Lind, Andrew 8			
8 Foley		9:38.24	9:38.27	1
1) Terwey, Nick 12	2) Thaler, Avery 10			
3) Schumacher, Austin 12	4) Terwey, Travis 9			

Boys High Jump

Facility: \$ 6-07 2003		P. Robinson, Crosby-Ironton			
Name	Year	School	Seed	Finals	Points
1 Zylstra, Brandon	12	New London-S	6-07.00	6-02.00	10
2 Obert, Justin	10	Mora	6-00.00	6-00.00	8
3 Burk, Nathan	12	Mora	5-10.00	5-08.00	6
4 Willis, Kip	12	St. Cloud Ca	5-08.00	5-08.00	5
5 Reberg, Andy	10	Foley	5-10.00	5-06.00	4
6 Hanenburg, Bryan	11	Milaca	5-10.00	5-06.00	3
7 Sikkink, Riley	12	Milaca	5-08.00	5-04.00	2
8 Rothfork, Caleb	9	Melrose Area	5-06.00	5-04.00	0.33
8 Skroce, Marius	12	New London-S	5-03.00	5-04.00	0.33
8 Sand, Gaven	10	Melrose Area	5-06.00	5-04.00	0.33
11 Reisdorf, William	11	St. Cloud Ca	5-06.00	5-04.00	
-- Verwijs, David	8	Albany	5-06.00	NH	
-- Sherman, Brian	12	St. Cloud Ca	5-04.00	NH	
-- Boie, Trent	10	New London-S	5-06.00	NH	
-- Bostrom, Matthew	11	Mora	5-04.00	NH	
-- Jenson, Randy	9	Foley	5-03.00	NH	
-- Schwinghamer, Tom	9	Sauk Centre	6-00.00	NH	
-- Lind, Andrew	8	Long Prairie	5-04.00	NH	
-- Marcyes, Zack	12	Long Prairie	5-00.00	NH	
-- Winkelman, Kurt	10	Foley	5-04.00	NH	

Boys Pole Vault

Facility: \$ 14-03 2008		William Brenny, Foley			
Name	Year	School	Seed	Finals	Points
1 Sikkink, Riley	12	Milaca	13-07.00	13-06.00	10
2 Stellmach, Martin	11	Milaca	12-06.00	12-00.00	8
3 Fleck, Jordan	12	Foley	12-00.00	12-00.00	6
4 Jenson, Randy	9	Foley	10-00.00	11-00.00	5
5 Sprenger, Cody	10	Long Prairie	9-00.00	10-00.00	4
6 Smith, Zachary	11	Mora	11-06.00	10-00.00	3
7 Kastenbauer, Ken	10	Mora	9-06.00	9-06.00	2
8 Rhonemus, Miles	10	Foley	9-00.00	9-00.00	1
9 Walther, Tod Jr	12	Long Prairie	9-00.00	9-00.00	
9 Stageberg, Jakob	9	New London-S	9-00.00	9-00.00	
9 Thibault, Peter	10	St. Cloud Ca	9-06.00	9-00.00	
-- Johnson, Daiton	10	New London-S	9-03.00	NH	
-- Kastenbauer, Nick	09	Mora	9-00.00	NH	
-- Maninga, Trevor	12	St. Cloud Ca	12-06.00	NH	

Boys Long Jump

Facility: \$ 22-00 2004		Jade Ellis, Totino Grace		
Name	Year	School	Seed	Prelims
Preliminaries				
1 Zylstra, Brandon	12	New London-S	20-08.00	20-03.00q
2 Schwinghamer, Tom	9	Sauk Centre	20-00.75	20-00.00q

3	Wennerberg, Nolan	12	Foley	19-02.00	19-01.00q
3	Jancik, Michael	12	St. Cloud Ca	19-02.00	19-01.00q
5	Scapanski, Christian	12	Foley	19-04.00	18-05.00q
6	Mareck, Austin	10	St. Cloud Ca	18-07.25	18-03.00q
7	Willis, Kip	12	St. Cloud Ca	17-09.25	18-02.00q
7	Landwehr, Matt	12	Foley	19-08.00	18-02.00q
9	Rooney, Seth	11	New London-S	19-02.00	17-10.00q
10	Kolberg, Conner	12	Mora	18-06.00	17-09.00
11	Burk, Nathan	12	Mora	18-03.00	17-07.00
12	Hatch, Zach	11	Milaca	17-09.00	17-05.00
13	Schmidt, Zach	12	Sauk Centre	17-01.00	17-04.00
14	Erickson, Jeson	09	Milaca	16-06.75	17-03.00
15	Middendorf, Gentry	9	Melrose Area	18-01.00	17-00.00
16	Anderson, Max	10	Mora	17-09.00	16-11.00
17	Bertram, Kyle	12	Melrose Area	17-09.00	16-10.00
18	Essler, Adam	9	New London-S	17-11.50	16-03.00
19	Stegner, Darien	10	Melrose Area	16-09.25	15-07.00
19	Winter, Chris	12	Sauk Centre	16-10.00	15-07.00
21	Weidner, Austin	08	Milaca	14-05.25	15-02.00
22	Ambriz, Javier	9	Long Prairie	16-01.00	15-00.00
23	Quillo, Maway	9	Long Prairie	14-11.00	13-05.00

Boys Long Jump

Facility: \$ 22-00		2004		Jade Ellis, Totino Grace		
Name	Year	School	Prelims	Finals	Points	
Finals						
1	Zylstra, Brandon	12	New London-S	20-03.00	20-08.00	10
2	Schwingamer, Tom	9	Sauk Centre	20-00.00	20-00.00	8
3	Wennerberg, Nolan	12	Foley	19-01.00	19-01.00	6
4	Jancik, Michael	12	St. Cloud Ca	19-01.00	19-01.00	5
5	Willis, Kip	12	St. Cloud Ca	18-02.00	18-08.00	4
6	Scapanski, Christian	12	Foley	18-05.00	18-06.00	3
7	Mareck, Austin	10	St. Cloud Ca	18-03.00	18-03.00	2
8	Landwehr, Matt	12	Foley	18-02.00	18-02.00	1
9	Rooney, Seth	11	New London-S	17-10.00	17-10.00	

Boys Triple Jump

Facility: \$ 46-09		2004		Jade Ellis, Totino Grace	
Name	Year	School	Seed	Prelims	
Preliminaries					
1	Zylstra, Brandon	12	New London-S	43-05.50	44-03.25q
2	Willis, Kip	12	St. Cloud Ca	40-03.25	42-02.75q
3	Hanenburg, Bryan	11	Milaca	38-07.25	39-10.00q
4	Anderson, Max	10	Mora	37-08.00	37-11.00q
5	Schwingamer, Tom	9	Sauk Centre	38-02.00	37-08.25q
6	Overton, Cody	12	Mora	37-07.00	36-09.25q
7	Rothfork, Caleb	9	Melrose Area	34-06.00	35-08.50q
8	Mitchell, Kollodge	9	Albany	38-06.00	35-07.75q
9	Thibault, Peter	10	St. Cloud Ca	35-03.00	35-07.00q
10	Verwijs, David	8	Albany	33-03.00	35-03.50
11	Essler, Adam	9	New London-S	36-08.25	35-02.75
12	Stegner, Darien	10	Melrose Area	34-00.00	34-09.50
13	Babler, Pete	9	Foley	34-00.00	34-01.75
14	Kraemer, Kyle	12	Foley	37-00.00	33-07.50
15	Sherman, Brian	12	St. Cloud Ca	35-00.00	33-03.00
16	Stellmach, Martin	11	Milaca	34-10.25	33-00.25
17	Forker, Josiah	08	Milaca	30-00.00	31-11.50
18	Horn, Kenny	9	Melrose Area	27-10.00	31-07.50
19	Marcy, Zack	12	Long Prairie	30-01.00	29-03.50

20 Nandi, Renan	12 Long Prairie	26-04.00	28-09.50
21 Jochum, Austin	9 Foley	32-00.00	28-02.00
22 Becker, Jon	10 Long Prairie	29-10.00	28-00.50

Boys Triple Jump

Facility: \$ 46-09 2004		Jade Ellis, Totino Grace			
Name	Year	School	Prelims	Finals	Points
Finals					
1 Zylstra, Brandon	12	New London-S	44-03.25	44-03.25	10
2 Willis, Kip	12	St. Cloud Ca	42-02.75	42-02.75	8
3 Hanenburg, Bryan	11	Milaca	39-10.00	39-10.00	6
4 Anderson, Max	10	Mora	37-11.00	37-11.00	5
5 Schwinghamer, Tom	9	Sauk Centre	37-08.25	37-09.50	4
6 Overton, Cody	12	Mora	36-09.25	36-09.25	3
7 Rothfork, Caleb	9	Melrose Area	35-08.50	36-01.00	2
8 Mitchell, Kollodge	9	Albany	35-07.75	35-07.75	1
9 Thibault, Peter	10	St. Cloud Ca	35-07.00	35-07.00	

Boys Shot Put

Facility: \$ 55-01 2004		Paul Backowski, Foley		
Name	Year	School	Seed	Prelims
Preliminaries				
1 Svihla, Cameron	10	Foley	41-03.00	44-04.50q
2 Leen, Nick	12	Sauk Centre	47-00.50	42-05.00q
3 Carlson, Tyler	12	Mora	44-02.50	41-10.00q
4 Garber, Grant	12	Milaca	39-06.50	41-07.00q
4 Udermann, Sam	10	Foley	43-02.00	41-07.00q
6 Shay, Dylan	11	Albany	39-07.50	40-01.50q
7 Ramler, Taylor	12	Albany	37-07.00	39-10.50q
7 Schroeder, Lee	10	New London-S	40-09.00	39-10.50q
9 Ruter, Payton	11	New London-S	41-05.00	39-04.50q
10 Henry, Scott	11	Foley	39-02.00	39-00.00
11 Victor, Daniel	12	St. Cloud Ca	35-00.00	37-04.50
12 Bertram, Kyle	12	Melrose Area	34-01.00	35-00.00
13 Mantel, Josh	10	Mora	35-10.50	34-10.00
14 Petron, Austin	11	Albany	38-03.50	34-07.50
15 Vorderbruggen, James	11	Sauk Centre	35-01.00	34-03.50
16 Hulinsky, Nathan	12	Long Prairie	31-01.00	33-03.50
17 Brattensborg, Shane	11	St. Cloud Ca	31-11.00	32-02.00
17 Richard, Austin	10	Mora	32-02.00	32-02.00
19 Sowada, Michael	11	St. Cloud Ca	31-03.50	31-10.00
20 Oostra, Byron	12	Long Prairie	35-02.00	31-08.00
21 McDonnell, Andy	10	New London-S	38-01.00	31-06.00
22 Pohlmann, Jamie	12	Melrose Area	30-07.00	30-05.00
23 Kramer, Tannar	12	Milaca	30-07.00	29-05.50
24 Christiansen, Conner	12	Milaca	31-08.00	29-02.00
25 Crider, Shane	12	Long Prairie	26-10.00	25-11.00
26 Winters, Steve	9	Sauk Centre	24-00.00	24-10.00
27 Thell, Andrew	10	Melrose Area	19-09.00	17-02.50

Boys Shot Put

Facility: \$ 55-01 2004		Paul Backowski, Foley			
Name	Year	School	Prelims	Finals	Points
Finals					
1 Svihla, Cameron	10	Foley	44-04.50	44-04.50	10
2 Udermann, Sam	10	Foley	41-07.00	43-03.50	8
3 Leen, Nick	12	Sauk Centre	42-05.00	42-05.00	6

4	Carlson, Tyler	12	Mora	41-10.00	41-10.00	5
5	Garber, Grant	12	Milaca	41-07.00	41-07.00	4
6	Shay, Dylan	11	Albany	40-01.50	40-01.50	3
7	Ramler, Taylor	12	Albany	39-10.50	39-10.50	2
8	Schroeder, Lee	10	New London-S	39-10.50	39-10.50	1
9	Ruter, Payton	11	New London-S	39-04.50	39-04.50	

Boys Discus Throw

Facility: \$ 149-03 2002 Adam Anderson, Becker						
Name	Year	School	Seed	Prelims		
Preliminaries						
1	Udermann, Sam	10	Foley	140-10	147-09q	
2	Jancik, Michael	12	St. Cloud Ca	125-04	132-09q	
3	Ruter, Payton	11	New London-S	130-07	126-05q	
4	Leen, Nick	12	Sauk Centre	138-07	122-10q	
5	Svihla, Cameron	10	Foley	120-01	116-07q	
6	Nelson, Lucas	10	New London-S	101-06	112-11q	
7	Carlson, Tyler	12	Mora	138-10	111-11q	
8	Oostra, Byron	12	Long Prairie	101-00	109-03q	
9	Czech, Nick	9	Foley	96-00	106-05q	
10	Garber, Grant	12	Milaca	08-03.50	105-04	
11	Shay, Dylan	11	Albany	123-06	96-10	
12	Victor, Daniel	12	St. Cloud Ca	117-02	95-04	
13	Lawrence, Sam	11	Mora	94-00	93-10	
14	Schmitz, Chris	9	Sauk Centre	97-00	90-10	
15	Pohlmann, Jamie	12	Melrose Area	105-00	90-04	
16	Petron, Austin	11	Albany	90-07	87-11	
17	Schroeder, Lee	10	New London-S	103-09	86-07	
18	Hulinsky, Nathan	12	Long Prairie	80-00	85-11	
19	Janshen, Brandon	11	Melrose Area	90-04	82-10	
20	Brattensborg, Shane	11	St. Cloud Ca		82-04	
21	Richard, Austin	10	Mora	81-11.50	81-05	
22	Luna, Marcos	11	Melrose Area	70-05.75	79-03	
23	Groetsch, Matthew	11	Albany	68-01	72-05	
24	Vorderbruggen, James	11	Sauk Centre	70-07	69-05	
25	Crider, Shane	12	Long Prairie	70-11	64-04	
26	Weidner, Jerad	11	Milaca	70-00	63-04	
27	Kramer, Tannar	12	Milaca	77-00	55-07	

Boys Discus Throw

Facility: \$ 149-03 2002 Adam Anderson, Becker						
Name	Year	School	Prelims	Finals	Points	
Finals						
1	Udermann, Sam	10	Foley	147-09	147-09	10
2	Jancik, Michael	12	St. Cloud Ca	132-09	132-09	8
3	Ruter, Payton	11	New London-S	126-05	130-10	6
4	Carlson, Tyler	12	Mora	111-11	130-00	5
5	Leen, Nick	12	Sauk Centre	122-10	124-08	4
6	Svihla, Cameron	10	Foley	116-07	116-07	3
7	Nelson, Lucas	10	New London-S	112-11	112-11	2
8	Oostra, Byron	12	Long Prairie	109-03	109-03	1
9	Czech, Nick	9	Foley	106-05	107-11	

Men - Team Rankings - 18 Events Scored

1) Mora	130	2) Foley	123
3) St. Cloud Cathedral	103	4) New London-Spicer	88.33
5) Albany	82	6) Sauk Centre	57
7) Milaca	56	8) Long Prairie-Grey Eagle	44

9) Melrose Area

18.66